

# PEDIATRICS®

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

## **Interpreting Complete Blood Counts Soon After Birth in Newborns at Risk for Sepsis**

Thomas B. Newman, Karen M. Puopolo, Soora Wi, David Draper and Gabriel J. Escobar

*Pediatrics* 2010;126;903-909; originally published online Oct 25, 2010;  
DOI: 10.1542/peds.2010-0935

The online version of this article, along with updated information and services, is located on the World Wide Web at:

<http://www.pediatrics.org/cgi/content/full/126/5/903>

PEDIATRICS is the official journal of the American Academy of Pediatrics. A monthly publication, it has been published continuously since 1948. PEDIATRICS is owned, published, and trademarked by the American Academy of Pediatrics, 141 Northwest Point Boulevard, Elk Grove Village, Illinois, 60007. Copyright © 2010 by the American Academy of Pediatrics. All rights reserved. Print ISSN: 0031-4005. Online ISSN: 1098-4275.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



# Interpreting Complete Blood Counts Soon After Birth in Newborns at Risk for Sepsis

**AUTHORS:** Thomas B. Newman, MD, MPH,<sup>a,b</sup> Karen M. Puopolo, MD, PhD,<sup>c,d,e</sup> Soora Wi, MPH,<sup>b</sup> David Draper, PhD,<sup>f</sup> and Gabriel J. Escobar, MD<sup>b,g</sup>

<sup>a</sup>Departments of Epidemiology and Biostatistics and Pediatrics, School of Medicine, University of California, San Francisco, California; <sup>b</sup>Division of Research, Kaiser Permanente Medical Care Program, Oakland, California; <sup>c</sup>Department of Newborn Medicine and Channing Laboratory, Brigham and Women's Hospital, Boston, Massachusetts; <sup>d</sup>Division of Newborn Medicine, Children's Hospital Boston, Boston, Massachusetts; <sup>e</sup>Harvard Medical School, Boston, Massachusetts; <sup>f</sup>Department of Applied Mathematics and Statistics, University of California, Santa Cruz, California; and <sup>g</sup>Department of Pediatrics, Kaiser Permanente Medical Center, Walnut Creek, California

## KEY WORDS

complete blood count, sepsis, bacteremia, neutrophils, leukocytes, sensitivity, likelihood ratios, newborn

## ABBREVIATIONS

CBC—complete blood count  
 GBS—group B *Streptococcus*  
 WBC—white blood cell  
 ANC—absolute neutrophil count  
 I/T—proportion of neutrophils that are immature  
 KPMCP—Northern California Kaiser Permanente Medical Care Program  
 BWH—Brigham and Women's Hospital  
 LR—likelihood ratio  
 ROC—receiver operating characteristic

This work was presented at the annual meeting of the Pediatric Academic Societies; May 2, 2009; Baltimore, MD.

[www.pediatrics.org/cgi/doi/10.1542/peds.2010-0935](http://www.pediatrics.org/cgi/doi/10.1542/peds.2010-0935)

doi:10.1542/peds.2010-0935

Accepted for publication Jul 20, 2010

Address correspondence to Thomas B. Newman, MD, MPH, Department of Epidemiology and Biostatistics, University of California, San Francisco, Box 0560, San Francisco, CA 94143. E-mail: [newman@epi.ucsf.edu](mailto:newman@epi.ucsf.edu)

PEDIATRICS (ISSN Numbers: Print, 0031-4005; Online, 1098-4275).

Copyright © 2010 by the American Academy of Pediatrics

**FINANCIAL DISCLOSURE:** *The authors have indicated they have no financial relationships relevant to this article to disclose.*



**WHAT'S KNOWN ON THIS SUBJECT:** Components of the complete blood count (CBC) provide information about the likelihood of sepsis in newborns, but previous studies have used varying definitions of abnormal and yielded inconsistent results.



**WHAT THIS STUDY ADDS:** White blood cell counts and absolute neutrophil counts increase the probability of sepsis only when they are low. The informativeness of the CBC increases with age and when interval likelihood ratios are used rather than a "normal" range.

## abstract



**BACKGROUND:** A complete blood count (CBC) with white blood cell differential is commonly ordered to evaluate newborns at risk for sepsis.

**OBJECTIVES:** To quantify how well components of the CBC predict sepsis in the first 72 hours after birth.

**METHODS:** For this retrospective cross-sectional study we identified 67 623 term and late-preterm ( $\geq 34$  weeks gestation) newborns from 12 northern California Kaiser hospitals and 1 Boston, Massachusetts hospital who had a CBC and blood culture within 1 hour of each other at  $< 72$  hours of age. We compared CBC results among newborns whose blood cultures were and were not positive and quantified discrimination by using receiver operating characteristic curves and likelihood ratios.

**RESULTS:** Blood cultures of 245 infants (3.6 of 1000 tested newborns) were positive. Mean white blood cell (WBC) counts and mean absolute neutrophil counts (ANCs) were lower, and mean proportions of immature neutrophils were higher in newborns with infection; platelet counts did not differ. Discrimination improved with age in the first few hours, especially for WBC counts and ANCs (eg, the area under the receiver operating characteristic curve for WBC counts was 0.52 at  $< 1$  hour and 0.87 at  $\geq 4$  hours). Both WBC counts and ANCs were most informative when very low (eg, the likelihood ratio for ANC  $< 1000$  was 115 at  $\geq 4$  hours). No test was very sensitive; the lowest likelihood ratio (for WBC count  $\geq 20\ 000$  at  $\geq 4$  hours) was 0.16.

**CONCLUSION:** Optimal interpretation of the CBC requires using interval likelihood ratios for the newborn's age in hours. *Pediatrics* 2010; 126:903–909